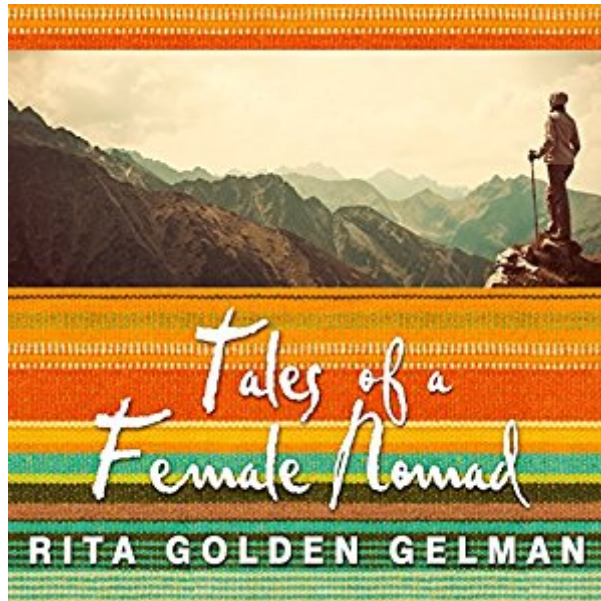


The book was found

# Tales Of A Female Nomad: Living At Large In The World



## Synopsis

Tales of a Female Nomad is the story of Rita Golden Gelman, an ordinary woman who is living an extraordinary existence. At the age of 48, on the verge of a divorce, Rita left an elegant life in Los Angeles to follow her dream of connecting with people in cultures all over the world. In 1986, she sold her possessions and became a nomad, living in a Zapotec village in Mexico, sleeping with sea lions on the Galapagos Islands, and residing everywhere from thatched huts to regal palaces. She has observed orangutans in the rain forest of Borneo, visited trance healers and dens of black magic, and cooked with women on fires all over the world. Rita's example encourages us all to dust off our dreams and rediscover the joy, the exuberance, and the hidden spirit that so many of us bury when we become adults.

## Book Information

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## Customer Reviews

The key to living among people who (at first) are strangers is, Gelman says, the ability to trust oneself and others. There is much to embrace in this book but what I am taking with me is a renewed spirit of adventure and willingness to follow my curiosity with courage and respect for myself and others.

I only give five stars to books that I feel are life changing, like The Untethered Soul. Most require a lot of self analysis and deep thinking. This book is different and it fools you. Because it's so interesting and easy to read, I didn't realize at first how important it is. It's like a basic primer in

human relationships and how we all can connect to each other as one human being to another.

I love the perspective of this one. How to travel and learn from and become a part of the community you visit. If you have no plans this summer let this book take you around the world!

I had read this book already once from the library but am happy to have bought it and am reading it a second time. With possibility of divorce looming she tries out living in Mexico, takes Spanish lessons and really mingles with people. As she slowly feels more secure of doing things by herself, she starts to travel to quite a few other places, managing to live with a minimum of expenditure and supporting herself by writing children's books. She is diplomatic enough to break barriers at times by offering copies of her books. She travels for example through Nicaragua and learns how news in the U.S. can differ quite a bit with the reality. Other places she visits are the Galapagos islands, Israel, Borneo and Bali. Her writing style is easy and she can connect with all sorts of people, actually often joining groups of much younger people than herself and just doing fine. In Bali she ends up having more of a spiritual experience. Yes a great book indeed.

I do wish it didn't end but it's one of those books that makes you feel like it doesn't have to. At the end, you feel inspired to take your own journey and never let the book end. It was a great mix of not only her experiences interacting with the people and places and cultures making it a sort of informal ethnography for a variety of different cultures, it was also an inspiring tale of overcoming emotional and physical hardships coming from someone I'm pretty sure we can all relate to. This novel flowed extremely well which made me never put it down until it was done. This book is one of those novels that you can't just keep to yourself and it didn't seem fair to the book to leave it on my bookshelf, so I wrote what cities I brought it to and gave it to a friend with instructions to do the same. The book is now nomadic, like the story it contains inside. What a wonderfully written and inspiring book.

Couldn't get into it.

I have traveled to many parts of the world. I really relate to the serendipity experience of "Living in the Moment." Rita Gelman heard her inner Spirit calling her to Journey, and she picked up her bags and left for the unknown....and was changed forever. I could read stories from Rita endlessly. I hope she writes more adventures. She is a provocative writer. Never a dull moment.

I loved Rita's book and would like to meet her. Although I would not be happy leading her kind of life, I was happy to be transported to the various countries she has visited and to live her adventures vicariously. This is a book for female readers and could inspire some women to change their lives and to risk adventure. It is also a book that should appeal to foodies. There are mouth-watering descriptions of exotic dishes.

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